



AYNHO,
THE APRICOT VILLAGE

NEWSLETTER
FEBRUARY

Children's
Disco from
5.30pm at the
extra Pop up
Pub on Friday
14th February

Village Hall AGM 24th February

CHURCH CALENDAR - February 2025

ASTWICK VALE BENEFICE

AYNHO-CROUGHTON-EVENLEY-FARTHINGHOE-HINTON-in-the-HEDGES with STEANE

Sunday February 2 nd Candlemas	11am 9.15am 10am 6pm	Aynho Farthinghoe Evenley Hinton	Communion Communion Morning Prayer Evensong
Sunday February 9 th 4 th before Lent	10am 9.15am 11am 11am 5.30pm	Aynho Evenley Croughton Hinton Farthinghoe	Morning Worship Communion Communion Morning Prayer Evening Prayer
Sunday February 16 th Septagesima	10.30am	Croughton	Benefice Communion
Sunday February 23 rd Sexagesima	9.15am 9.15am 11am 11am 5.30pm	Aynho Farthinghoe Croughton Hinton Evenley	Communion Morning Prayer Morning Prayer Communion Evensong

Church Information: about the life of our church, or enquiries about baptisms, weddings, funerals or burials –

Please contact the Rector on 01869 810903 or by email to office@astwickvalebenefice.org

Bell Ringing in February – Alternate Tuesdays at 7.30pm

St Michael's Church Cleaning – Tuesday 18th February (8.45-10am)

Items for **March Newsletter by 25th February**
by email please to Newsletter.aynho@gmail.com

SAVE THESE DATES FOR 2025

Tuesday 4th March - Shrove Tuesday/Pancake day
Friday 28th March - Pop up Pub in the Village Hall
Sunday 30th March – Mothering Sunday
Saturday 5th April – Quiz and Curry Night
Sunday 20th April - Easter
17th-21st May – Oxfordshire Art Week in St Michael's
Saturday 21st June – Village Fete on the Sportsfield

This Newsletter is issued by St Michael's Church and includes all Church and Community news and is printed locally in Aynho by "Ciceroni Travel" (Vol:705)
(If you want a digital copy please download it direct from the village website – www.aynho.org)

RECTOR'S RAMBLINGS

Plato's Ideal is a philosophy which holds that everything has a timeless and universal ideal form. Simply put, think of a chair. There are so many different types and forms, but all of them are undeniably chairs. Even when they seem to share almost nothing in common, we still recognize them as what they are. Plato said this was because they must all in some way echo that universal ideal in the core of what they are, no matter how much they might fall short or take a different path. (It is writing like this that will have the Diocese begging me to be the new Youth and Outreach Coordinator in no time!)

We are coming out of the time of year when the local social calendar swells. In the past months I have ricocheted between Carol Services, village and club lunches and functions, concerts, carolling, light displays, and a few pantomimes. These have all been great fun. They have also all been the result of labours of love. I know many people who have enjoyed them, and I know many who have been quite nervous during their planning and execution. I am always grateful to the volunteers and enthusiasts who put on these events in our communities. So often the little jitters that effect those who step up comes from the fear that they are going to fall short, to be unable to live up to the ideal that we all share (or believe we all share). This can be compounded by the fact that excellence is only a touch away. Why trudge out to the Carol Service, or spend a month meeting to rehearse, when the world class musicians of Kings College will come to your living room? Why glue sequins and learn lines, when a "star" studded panto is in Milton Keynes? Everywhere it seems possible to find people and organisations that can put our own efforts in the shade. The problem with an ideal is that our inability to live up to it can be discouraging.

Through Epiphany and into Lent, our readings in the Church remind us of the ministry of Christ on earth, and how he lived a human life entirely according to the teachings of God. How, not only in his teachings, but in his whole life, Jesus shows us the way God asks us to live, in love, charity, truth, and complete faith. Christians have had to come to terms with our inability to unfalteringly replicate this ideal life pretty much since St. Peter first opened his mouth. But this does not depress us. Instead, knowing our own imperfections, it gives us all the more reason to try.

Christ's life - showing the forgiving challenging love of God - is the hand reaching out to raise us up, not the boot stamping us back into place. St. Julian of Norwich, another philosopher, who wrote 'Revelations of Divine Love' in the 1300s (the first published book by a woman in English) argued that sin and our own shortcomings and failures are a part of life. Whilst we do not encourage them, they allow us to see the love of God revealed to us. It is in our need to be forgiven, to be lifted up, that we see the overwhelming love of God, and can mirror this in our own lives as we share it and show it to others. If we did not stumble, we would not know how ready God is to catch us, bare us, embrace us. We share that echo of the Platonic Ideal. Made in the image of God. The Divine breathed into our human clay. We are loved, and our Bible reminds us that there is no place for fear in love.

Let us throw off the fear that we are not good enough and live in the light of God who not only forgives our failings, but shows us how much we can do in our lives. We welcome all talents and expressions at St. Michael's, and our village is full of groups and teams that need people. Don't just reside in our village; live here. You may find a hidden talent. You may enjoy it.

Reverend George

IN YOUR VILLAGE HALL

(Bookings Secretary: Shirie Beaumont **Contact: 07878 430705**)

Village Website

Keep an eye on www.aynho.org

it has the up to date and/or corrected news and events throughout the month

VILLAGE HALL – ANNUAL GENERAL MEETING

The Village Hall Management Committee will host the AGM in the Village Hall on Monday **24th February at 7pm**. We will take the report for 2024, look at the finances and agree the accounts, elect/confirm the Committee for 2025, and look at the activities and plans going forward. It is not a long meeting and all villagers are welcome (and to express their views and wants for the Hall going forward).

WINTER LUNCH CLUB

DATES FOR FEBRUARY 2025: Thursdays 6th, 13th, 20th and 27th

Winter Lunch Club is an opportunity for any villager to come along to the Mary Cartwright Room in the village hall, 12.15pm-1.30pm on a Thursday, enjoy a simple home cooked meal from a choice of soup, baked potato with filling, pudding, tea/coffee, at very reasonable cost during the winter months. No membership required! I run WLC for the community along with a great team of volunteers, any profit made (after hall hire and ingredient expenses) will go to supporting our village hall.

Please remember to book your place for any Thursday by noon on Monday of the relevant week, this is because I have to shop for ingredients and do some advance preparation!

Please also kindly let me know if you have booked a place and you are then unable to attend. Payment is by CASH only.

Amanda – 01869 810341

POP UP PUB (PuP)

Next... is Friday **14th February** in the Village Hall - from 5pm. **Children's Disco**.

Then.....Friday **28th February** again from 5pm with food – still to think of a theme.

Ideas for future PuPs being chatted about on Friday 31st January at the Pop up Pub – grateful for any ideas to be thrown in the pot. Most favoured currently is a Disco with a 1970/80s music theme. Which last Friday of the month date is yet to be decided.

AYNHO WRITERS' GROUP **Contact: Keith McClellan at keithcarolmac@gmail.com**

Aynho Writers meet in the Mary Cartwright Room in the Village Hall from 10am to 12.30 pm on **Saturday 8th February**.

We had our 'Guess the Author' session which was delayed from December last month and it was most enjoyable, but most writers were identified quite quickly, as there were fewer there than usual. Next month the suggested subjects are either, '*The road not taken*', or '*In uniform*'.

If you are interested come along and listen or bring a contribution of your own. It needn't be on the above titles just a piece of your own. We look forward to welcoming you.

AYNHO GARDENING CLUB - 2nd Wednesday **Contact: Annabel Bellamy 810847**

This year we start our Gardening Club Year in February – **Wednesday 12th February**

We are delighted to welcome back Avril Hughes with her talk 'Views, Vistas and Visits' which will be a great way to start the gardening season. Her talk will include gardens worth

visiting and will give us inspiration for our own gardens. Avril gave a very interesting talk last year about Salvias. She is an extremely knowledgeable gardener and has a beautiful garden in Islip.

The Village Hall will be open at 7pm for you to pay your yearly subscription and receive the programme for the year. The subscription is £12. (payable by cash or cheque). Guests for the evening £3. The talk will start promptly at 7.30pm. **New Members are very welcome.** Looking forward to seeing you.

AYNHO LADIES GROUP 3rd Wednesday **Contact: Jill Wightman 811206 or email: jayrw10@gmail.com**

Wednesday 19th February at 2.30pm – ‘The Grand Tour’ a talk by Tom Duncan.

Our talk last month, exploring “Energy” or “Chi”, was very enjoyable and had us both fascinated and intrigued. Many thanks Kate for a very entertaining afternoon.

Our next talk (at 2.30pm) will be by Tom Duncan on “The Grand Tour”, an important stage of growing-up for sons of the wealthy in the 17th Century. With Tom’s extensive research of these tours he will be telling us about their stories and adventures and maybe their lives when they finally returned. Sounds like another of Tom’s fascinating talks, not to be missed. It is an OPEN MEETING so all are welcome - entry is £3 for visitors. We look forward to seeing you meanwhile take care and keep warm.

COFFEE MORNING: 5th and 12th February 10.30am – 12 noon at the Village Hall

Both of these are now open to everyone so you can come to either or both. Contact Jill for more information.

SHORT MAT BOWLS

Tuesdays 2.30 – 4.30pm: New Members welcome.

The cost is £2.50 per session. Woods for bowling are available if you don’t own your own.

Contact: Carol McClellan 07398 210313 or email: keithcarolmac@gmail.com

VILLAGE “OUTSIDE” ACTIVITIES

Aynho Apricots Cycling Club We meet outside the Cartwright Hotel at 9am on the first Sunday and third Saturday of every month for a group ride with a stop for coffee/breakfast, confirming in advance via WhatsApp. All ages and abilities are welcome.

Aynho Apricots Running Club We meet on Portway at 9am on Sundays for a group run, confirming in advance via WhatsApp. There are options for beginners and experienced runners alike.

Social Dog Walking We meet on occasional weekdays around lunchtime for on- and off-lead walks, choosing a time and place via WhatsApp. There is no pressure to commit regularly - just come along if and when convenient.

For all three of the above please get in touch with:

Faraz Shibli 07742 906780 email: faraz.shibli@oxon.org

Bridge Circle **Contact: Kevin D’Silva email: kevinds@salusinvest.com**

We meet at the Pickled Ploughman in Adderbury at 7pm on the second and fourth Mondays of every month, confirming in advance via WhatsApp. We are a very social group and welcome players of all abilities, including complete beginners, for whom we occasionally run coaching sessions.

Aynho Quiz & Curry Night - Saturday 5th April

Tickets now available for the 2025 Aynho Quiz & Curry Night.

Please contact Michael Johnson at mjohnson.deepdale@gmail.com or 07585 616747.

Tickets £15 pp.

Corkage £10 per table where applicable.

Max of 4 in a team.

All proceeds towards PAPHYRUS - Prevention of Young Suicide

AT YOUR SPORTS FIELD & PAVILION

Well-Being Walks - from The Pavilion Thursdays 10am

Contact: Dawn on 07929 322949

There are two walks led by qualified walk leaders. One walk is a leisurely stroll for approximately 2 or 3 miles and lasts just over the hour or longer if needed. We walk at the pace that is comfortable for all. The second walk is more challenging covering an average of 6 miles and lasting up to 2 hours. There is no need to pre book. We are a friendly bunch and welcome all new walkers. However, the walks are not suitable for pushchairs as we often go across fields. We meet at the Sports Field Pavilion and set off at 10am every Thursday morning, rain or shine. On returning to the Pavilion there is tea, coffee and a tempting selection of cakes for sale. There is no fee for the Health Walks but we do ask for a voluntary 50p to cover the running costs of the Pavilion. All you need is some sturdy footwear. Hope to see you there.

Aynho Parish Council (APC) – News

There was no meeting in January, and the Council has been busy continuing to address village needs and improvements.

You will notice the new advisory 20 MPH signs put in place on Roundtown and Charlton Road which hopefully will help to deter speeding through the village.

Several improvements and repairs have been made to the Children's Playpark to ensure it continues to meet health and safety requirements.

4 new Dog Bins have been installed replacing old and damaged ones, and there is on-going work to the external fabric of the Pavilion.

STOP PRESS – other news

Neighbourhood Watch – a meeting with the Neighbourhood Watch Coordinator has been scheduled. An update on the outcome will be provided next month.

Village Park Club Draw – we are pleased to announce that the draw will hopefully reopen in April. Watch this space for more details!

Note for your diary:

Parish Council Meeting: Monday 3rd February at 7pm in the Village Hall. Please come along; we look forward to seeing you!

ABILITY – Your Local, On Demand Minibus Service

Ability runs a regular shopping service from Aynho to Banbury on Tuesday & Thursday and on Friday to either Brackley or Bicester. There are also special trips out to a variety of locations. (See the list below.) We offer a range of membership options from Bronze, Silver to Gold, depending on the level of assistance you require. Concessionary bus passes are accepted. Non bus pass holders will be charged a fare.

You need to be registered to use the service. There is a registration fee of £10 and an annual fee from £15 to £45 for single or from £25 to £55 for joint membership, depending on which level you choose. You also need to book your seat before you travel on a journey.

For more details and to register visit: <https://abilitycic.org.uk/register> or telephone Ability between 9am & 2pm on: 01327 604123

ABILITY SPECIAL TRIPS OUT February – Mid March 2025

FRIDAY 28TH FEBRUARY	BICESTER TOWN OR GARDEN CENTRE OR BICESTER VILLAGE	FREE	A TRIP TO BICESTER TOWN/GARDEN CENTRE OR DESIGNER SHOPPING VILLAGE. *Please advise which location you require*
TUESDAY 4TH MARCH	OXFORD CITY	FREE	OXFORD CITY – STEEPED IN HISTORY, CULTURE AND BEAUTY.
TUESDAY 11TH MARCH	MARKET HARBOROUGH *Due to the distance this will be sometime on the bus	£20 FARE	A POPULAR MARKET TOWN INCLUDING AN INDOOR MARKET.

Notice of application of a premises licence under Section 17 Licensing Act 2003

Name of Applicant	Aynho Village Hall Management Committee
Premises Address	Aynho Village Hall Aynho Village Hall, Croughton Road, Aynho, Banbury, OX17 3BD

It is proposed to licence these premises for: Supply of Alcohol,

Opening Hours

Monday - 1600-2100 | Tuesday - 1600-2100 | Wednesday - 1600-2100 | Thursday - 1600-2100 | Friday - 1600-2300 | Saturday - 1200-2300 | Sunday - 1200-1800

The full application can be inspected by contacting the department below

Representations can be made before **27/01/2025** in writing to:

The Licensing Team, West Northamptonshire Council, The Guildhall, St Giles' Square, Northampton, NN1 1DA.	0300 126 7000
	Licensing.snc@westnorthants.gov.uk
	www.westnorthants.gov.uk

YOUR LOCAL TRADE PAGE (Cost of Advert £3 per month)

KATE HUME AESTHETICS – ‘The Natural Beauty Nurse’ medical facial aesthetics & prescription skincare– advanced nurse practitioner and independent prescriber with nearly 2 decades of experience.
<https://www.katehumeaesthetics.com> email: info@katehumeaesthetics.com
WhatsApp 07837 503421

NDM ELECTRICAL – N D Mobley, Brackley Tel: 01280 700905 mobile: 07922 005629
Domestic & Commercial Installation & Maintenance

SANDY BILLY (BSc.(Hons) (MRCPod) Private Podiatry/Chiropody Service, Deddington Health Centre.
Tel: mobile: 07792 212988 email: sandynbilly@yahoo.com
HP Registered. Clinic/Home Visiting, Nail & Diabetic Foot Care & Footwear advice. Insoles/Orthotics, Corns & Callus (hard skin)

ADAM 1ST CALL HANDYMAN “When you don’t have the time or energy to tick off all those annoying jobs” call Adam on 07768 398661 email: adam1stcallhandyman@hotmail.com
Based in Aynho and covering surrounding areas – call for free no obligation quotation

BULLS HEAD GARAGE (Souldern) Ltd. Tel: 01869 345281
Car & Light Commercial Vehicles – Repairs – Services – MOT

COMPUTERPRO - IT Support & Computer Repairs for homes and small businesses. Repairs & Upgrades. Phones & Tablets. Wi-Fi issues & installation. Online Security, New & Refurb machines
Tel: 01869 352002 email: hello@computer-pro.co.uk

C.F.ACCOUNTANTS Ltd. Friendly personal service. Sensible fixed fees for small businesses and taxpayers, with no hidden charges. For free initial, no obligation meeting
Contact Jason on 01869 345329 or 07975 589459 or email: jason@cockburnfranklin.co.uk

THE SYNERGY PRACTICE Physiotherapy & Sports Therapy / Massage – Sherry and Luke
the team at the Synergy Practice are here to help if you are in need of rehabilitation, physiotherapy, sports therapy & massage. Call 01865 803066, email: info@thesynergypractice.com or book online at www.thesynergypractice.com

KATE ANGELL Mindfulness Meditation and T’ai Chi Chih/Qigong Teacher. One to one and small group workshops and weekly classes.
Call Kate 07478 276891 or email: kate@calmerminds.co.uk for info/book.

HEARING CHOICES - with Lisa Summersell at Health Centre (Memorial Hall) Kings Sutton OX173PG.
Expert independent advice; over 20 years’ experience. All your hearing needs: ear wax removal, digital hearing aids, tinnitus advice. Contact: 01295 574380 or 07942 641986 or
email: contact@hearingchoicesuk.co.uk

KB ROOFING AND BUILDING for all roofing, soffit, gutter repairs, velux window installations and inspections. Local from Adderbury - can call round to estimate/quote. Call Kris on 07362 410376 or 07802 265864; email enquiries@kbroofingbuilding.co.uk

Calling all local businesses. Are you trying to grow your customer base?
Have you ever thought of advertising in this newsletter. We now have spaces as some previous businesses no longer need the facility through either cutting back or having been successful in attracting as many customers as they can manage.
At only £36 per year, surely it is worth a try!!